

Local and National Resources

The American Diabetes Association (ADA) is the leading nonprofit health organization providing diabetes research, information, and advocacy. Their resources include:

Wizdom Kit for children who are newly diagnosed with diabetes
<http://www.diabetes.org/wizdom/index.shtml>

“Diabetes Care Tasks at School: What Key Personnel Need to Know” Curriculum
<http://www.diabetes.org/schooltraining/>

Education Recognition Programs
<http://www.diabetes.org/education/eduprogram.asp>

Resource Guide
<http://www.diabetes.org/uedocuments/monitors-tables.pdf>

For general information about diabetes, or to locate the office nearest you, call 1-888-DIABETES (342-2383) or visit their website at:

<http://www.diabetes.org>.

ADA – Springfield Area
1944-A E Sunshine
Springfield, MO 65804
(417) 890-8400

ADA – Joplin
P.O. Box 4995
Joplin, MO 64802
(417) 624-8455

ADA – Mid-Missouri
PO Box 1013
Columbia, MO 65205-1013
(573) 443-8611

ADA – Kansas City Area
10580 Barkley, Ste 400
Overland Park, KS 66202
(913) 383-8210

ADA – St Louis Area
10820 Sunset Office Dr, Ste 220
St Louis, MO 63127
(314) 822-5490

Newly diagnosed families can turn to the Juvenile Diabetes Research Foundation (JDRF) for valuable information on how to deal with their child's illness. JDRF offers a "Bag of Hope" for parents with children who are newly diagnosed with diabetes. For more information contact the office nearest you or visit their website at: <http://www.jdrf.org>

JDRF – Metro St Louis/Greater Missouri Chapter
225 S Meramec, Suite 400
St Louis, MO 63105
(314) 726-6778

JDRF – Kansas City Chapter
6701 West 64th Street, Suite 319
Shawnee Mission, KS 66202
(913) 831-7997

The Starbright Foundation is dedicated to the creation and distribution of programs that empower seriously ill children and teens to address the challenges that accompany prolonged illness.
<http://www.starbright.org/>

Diabetes Educators provide valuable services to those who have diabetes. To locate a Certified Diabetes Educator within your area, go to the American Association of Diabetes Educators web site at:
<http://www.aadenet.org/FindAnEduc/index.html>.

Central Missouri Association of Diabetes Educators
(573) 874-5285

Kansas City Regional Association of Diabetes Educators
(913) 676-2495

St Louis Association of Diabetes Educators
(314) 644-3880
<http://slade-diabetes.org/>

Children With Diabetes
http://www.childrenwithdiabetes.com/index_cwd.htm

Nutrition is a key in managing diabetes. To locate a registered dietitian near you, use the American Dietetic Association's web-tool "*Find a Nutrition Professional*" at http://www.eatright.org/Public/index_7684.cfm

or contact:

Missouri Dietetic Association
PO Box 1225
101 E. High St, Ste 200
Jefferson City, MO 65102-1225
(573) 636-2822
<http://www.eatrightmissouri.org>

The American Dietetic Association also has various diabetes related materials for health professionals and consumers
<http://www.eatright.org/Public/>

The Missouri Department of Health and Senior Services, Diabetes Prevention and Control Program has a web page that provides information on diabetes and links to numerous diabetes related web sites
<http://www.dhss.state.mo.us/diabetes>

The Missouri Department of Health and Senior Services, Division of Community Health has a nutrition website that has program materials, recipes, and tips you can directly download
<http://www.dhss.state.mo.us/MissouriNutrition/>

For more information on community health centers that provide sliding-scale fee services, contact:

Missouri Primary Care Association
3325 Emerald Lane
Jefferson City, MO 65109
(573) 636-4222
<http://www.mo-pca.org>

National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health (DASH), offers a good overview of adolescent health issues and major health risk behaviors
<http://www.cdc.gov/nccdphp/dash>

National Center for Chronic Disease Prevention and Health Promotion, Diabetes Public Health Resource
<http://www.cdc.gov/diabetes/index.htm>

National Center for Education in Maternal and Child Health, Maternal and Child Health Library has a knowledge path about diabetes in children and adolescents
http://www.mchlibrary.info/KnowledgePaths/kp_diabetes.html

The National Institute of Diabetes and Digestive and Kidney Diseases has guidelines on obesity and nutrition
<http://www.niddk.nih.gov/health/nutrition.htm>

National Diabetes Education Program (NDEP)

“Helping the Student with Diabetes Succeed: A Guide for School Personnel” School Guide
<http://ndep.nih.gov/materials/pubs/schoolguide.pdf>

School Personnel Resource Web Page:
<http://ndep.nih.gov/resources/school.htm>

Carbohydrate Counts and Exchange Values for Fast-Foods
http://diabetes.about.com/cs/nutritiondiet/a/fast_food_guide.htm

“Carbohydrate Counting: As Easy as 1-2-3” Joslin Diabetes Center, Harvard University
<http://www.joslin.harvard.edu/education/library/wcarbsug.shtml>

Bilingual information on diabetes and nutrition
<http://www.multiculturalhealth.org/>